

## **Finding the Right Job**

To succeed on a job, it's important not to just take a job because you can earn money doing it. It's important to find a job that is a good match for you, and that you like what you do!

A job that is a good match is one where you are:

- Doing things you like to do
- Doing things that you are good at
- Working in places you are comfortable
- Working with people you like
- Working the number of hours your want to
- Working the time of day you want to
- Working the days of the week you want to
- Earning enough money

Before you start looking for a job, it's a good idea to think about these things. While you may want to think about them by yourself, it also may be a good idea to talk to other people who know you to get their ideas. These could include:

- > friends
- > parents
- > brothers and sisters
- > grandparents
- > other relatives
- > teachers
- > neighbors
- > people you've worked with
- > counselors

## **Some Questions To Help You**

*Here are some questions to think about, in deciding what kind of job would be good for you.*

### **At Home:**

- What do you do when you are home?
- Do you help out or do chores at home?
- What chores do you like doing?
- What chores do you not like doing?
- What do you like to do for fun at home?

### **At School:**

- What classes do you or did you like in school?
- What classes do you or did you not like in school?
- What activities and clubs do you or did you participate in at school?
- What school activities did you like?
- What school activities did you not like?
- What did you like about school?
- What did you not like about school?

**At Work:**

*If you've had jobs or work experience (paid or unpaid):*

- Where have you worked?
- What jobs have you liked?
- What jobs have you not liked?
- What were the things about the job(s) that you liked?
- What were the things about the job(s) that you didn't like??

**Leisure:**

- What do you like to do for fun?
- Are there sports or other recreational activities you enjoy?
- Do you have any hobbies?
- What do you like to do with your friends?
- Do you like to do things by yourself or with other people?



	<b>Okay</b>	<b>Not Okay</b>
Having to be quiet all day		
Having a supervisor nearby most of the time		
Not having a supervisor nearby		
Helping customers		
Dressing up for work		
Wearing a uniform		
Dressing how ever you want		
Moving and walking around		
Sitting all day		
Standing all day		
Getting dirty at work		
Having to stay clean at work		
Working with people your own age		
Working mainly with people older than you		
Working mainly with people younger than you		
Working around children		
Starting work in the morning		
Starting work in the afternoon		
Starting work in the evening		
Working on weekends		
Working on holidays		

How many hours per day would you like to work? \_\_\_\_\_  
 How many days per week would you like to work? \_\_\_\_\_

Now that you've thought about what you like and don't like, make a list of jobs that you might like and /or the kind of places you would like to work .

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